With the most advanced and proven addiction treatments and therapies, The Holistic Sanctuary is the #1 **luxury inpatient alcohol rehab** in California. **Johnny The Healer** is the founder of the Pouyan Method that helps heal the brain and offers an effective cure to patients suffering from drug addiction, PTSD, Depression, and alcoholism.

**Top reasons to choose our luxury inpatient rehab for alcoholism**

We are the only luxury rehab center in the country to use the Pouyan method and sacred plant medicine to help recovering addicts attain lasting recovery. Our team of world-class healers and shamans use some of the old and highly effective plant-based therapies like Ayahuasca and ibogaine therapy to treat co-occurring disorders and addiction.

We also offer a variety of luxury services to our patients, such as daily massage therapy, yoga, dead seas salt bath, carbon sauna, etc. We also offer an 80% raw diet, rich in vitamins and proteins to nourish the body, mind, and soul of our patients.

**Inpatient rehabilitation for alcoholism**

Alcohol addiction treatment guides recovering addicts through a safe medical detox procedure. After detox, we engage our patients in counseling and psychotherapy sessions to help them overcome the challenging withdrawal phase.

Inpatient therapy offers a higher success rate than outpatient treatment, as patients get to heal and recover in a trigger-free environment. It also allows patients to focus on treatment for a period of 30, 60, or 90 days without any distractions. Furthermore, all recovering addicts have access to 24/7 medical care and support in an inpatient facility, which can make the withdrawal phase less painful. At our **luxury inpatient alcohol rehab**, we focus on equipping patients with important skills to help them overcome triggers, cravings, and stressful situations in day to day life.

**Pointers to choose the best inpatient rehab**

It is critical to choose a rehab that meets your specific medical needs to attain comprehensive and lasting recovery. Here are some pointers to help you join the best rehab center:

**High success rate** - Choose a center with the highest success rates when it comes to the successful recovery of patients from underlying and co-occurring mental health issues. You also want to choose a center with the lowest relapse rates.

**A Focus on the root cause of addiction** - Choose a center that focuses on examining the root cause of addiction and treating it using the most advancing therapies. Addressing the underlying issues reduces the relapse rate significantly, and helps overcome dual-diagnosis conditions successfully.

**Individualized care and one-on-one therapies** - Most rehab centers try to get away by offering all day long group therapies to patients. While these therapies help to a certain extent, recovering addicts require individualized care and personalized treatment. Choose a center that offers one-on-one counseling, customized treatment, and individual therapy to its recovering addicts.

Speak to one of us at The Holistic Sanctuary by calling (310)-601-7805 or visit https://www.johnnythehealer.com/contact/. **Johnny The Healer** is the founder of the highly effective Pouyan method and he uses natural and sacred plant medicine to treat addiction and the co-occurring mental health issues at our **luxury inpatient alcohol rehab**.