**Fire Dept. Meals** is a start-up by firefighters, and we offer **healthy meal prep delivery** at affordable prices. With a diverse menu, you can now enjoy freshly cooked meals using locally sourced ingredients in the comfort of your homes.

**Top reasons to choose us for food delivery**

We are a family-owned and operated business, and we offer healthy prepared meal deliveries across the US. We deliver freshly cooked and packed meals to your doorstep and save you from the trouble of having to go grocery shopping, prepping meals, and doing the dishes.

Our food is free from additives and preservatives and we prepare our meals in small batches using homestyle cooking. All our meals are allergen restriction compatible and free from hormone and antibiotic injections. When you order from our selection of meats, you can be certain to receive 100% grass-fed and pastured raised meats seasoned with locally sourced spices. We do not believe in using processed ingredients in our meals and hence make our pasta and bread in-house to provide you with the best-tasting food.

**Safe food delivery options during the pandemic**

Ordering out can be intimidating during the pandemic as you don’t know the safety standards followed by the restaurant or the delivery person that is going to bring you the food. One of the safe ways to prevent contracting the coronavirus is to order from the same place every time. Make sure this place you order from follows the highest safety standards and precautions during meal preparation.

Also, make sure the place you order from places that offer home delivery by complying to the CDC guidelines. We are a team of firefighters, and we offer **healthy meal prep delivery**in Florida by following the highest safety standards. As firefighters, we take it upon ourselves to go great lengths to protect and safeguard the health of people that order meals from us. All our chefs and delivery guys employ the highest safety standards while sourcing the ingredients, preparing the meals, and delivering the food.

**Benefits of ordering food delivery**

Cooking on a weeknight after a busy day at work can be excruciatingly tiring and tedious. Here are some of the benefits of ordering food delivery:

* Ordering out not only offers an easy way out of having to cook at home but also saves you from having to do a pile of dishes after preparing a meal.
* By ordering out, you can use the time to help your kids with their homework or doing the laundry or cleaning the house, etc.
* It allows you to sit back and relax and catch up on a Netflix series or read a good book or whatever it is that you enjoy doing.

While ordering out has its own set of benefits, it is important that you do not compromise on the quality of food you eat. Make sure to order from only those places that use locally sourced organic ingredients in their recipes to eat healthily and stay fit.

To order from **Fire Dept. Meals**, call (407) 347-9441, or visit our website. We offer **Healthy Meal Prep Delivery** by incorporating any dietary restrictions that you may have and provide you with a wholesome meal in the shortest duration.